What you get out of your Beef!!

Hanging Weight	475 lbs
Weight after 3 weeks	462 lbs - loss after aging 3 – 5 %

Hindquarter:

Forequarter:

		lbs			lbs
Sirloin Steak	6	11-12	Cross Rib Roast	2	15
T-Bone Steak	14	15	Prime Rib Steak	12	12-14
or			or		
Striploin Steak	11	10-12	Rib Eye Steak	12	8-10
Tenderloin Steak	10	4-5	Beef Ribs	1	4
Eye of Round – Minute Steaks	10	6	Short Ribs		20-24
Inside Round Roast	4	15-17	Brisket	2	10-12
Outside Round Roast	2	8-10	Chuck Roast	2	6-8
Sirloin Tip Roast	2-4	10-12	or		
			Chuck Steak	8	6-7
Stew		12	Shank – Osso Buco	6	14-16
Stir Fry		12	Skirt Steak	1	1
			Denver Steak	5	3-4
Ground Beef		100-110	Flat Iron Steak	2	3-4

You also have the choice of soup and marrow bones	25-28 lbs
Plus some outside trim for your dog	10-12 lbs

All weights are examples because every animal is different. More fat cover gives a better aging result, but it also means more trimming, which means more weight loss.

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